

The Problem

Sexual Immorality (fornication, pornography, masturbation)

Scripture

1 Thess 4:3-7; Matt 5:27-30; 15:19; Prov 4:23-27; 5:20-23; Eph 5:3; Col 3:5-7; Ps 101:3, 4; 119:9

Insight From the Text

- A believer is not supposed to act in sexual immorality
- We are to live self-controlled lives; we are to cut off the sin at the root
- We are not to look at anything that is worthless
- It is God's will that we be sanctified and part of that process is sexual purity
- Sexual immorality leads to destruction (life, marriage, job, family, church, etc.)

What I Need to Put Off

- Sexual immorality; all things that pertain to this lifestyle need to go
- Get rid of the internet, TV, books, magazines, or anything that pulls you back in
- Hiding your sin and acting as though you don't struggle; there are no extra rewards for hiding your sin; you cannot hide from God
- Half-truth confessions; it is probably worse than you say it is
- Self-centered sex (if married)
- Immoral relationships with the opposite sex

What I Need to Put On

- Sexual Purity
- God sees you and knows everything; confess your sin to others (speak the truth and confess everything) and let them help you be more like Jesus Christ
- Giving of yourself to your spouse in intimacy
- You can be self-controlled and you need to make the choice every day to do so
- Christ honoring relationships with the opposite sex

How Will I Change?

- Repent of your sin every time you do it
- Read the passages above and based off of them, write a prayer of confession and repentance to the Lord; remember that the eyes of the Lord are always watching you
- When you are tempted remember that your flesh is alive and it is never tired; you must continue to fight the battle against the flesh
- Read *Not Even a Hint* by Joshua Harris and write a list of at least 10 reasons why God calls us to sexual purity